

## Community Endoscopy Service

### After your Flexible Sigmoidoscopy with Sedation

**After your procedure you may feel a little drowsy. This is why a responsible adult is to accompany you home and remain with you for 12 hours.**

Go home and rest quietly for the day.

Because of the lingering effects of the sedation for the next **24 hours** after your flexible sigmoidoscopy **DO NOT:**

- Drive a car, motorbike or bicycle
- Operate machinery or cook
- Engage in any sporting activities
- Sign any legally binding documents
- Drink alcohol or smoke

You may experience some abdominal discomfort and wind, do not hold it in, allow it to pass out naturally.

You may also find that you bleed a little, especially when going to the toilet. This is quite normal and will not last long.

In the unlikely event of any severe pain or bleeding, this should be reported at once to your GP. Out of hours attend your nearest Emergency Department.

Results will be with your GP in 2 to 3 weeks. Please ring the surgery after this time to check that the GP has your results and if necessary, make an appointment to discuss them with your doctor.

Do not telephone the department for the results, they will not be available.