

Community Endoscopy Service

After your Flexible Sigmoidoscopy without Sedation

After your procedure you may experience some abdominal discomfort and wind. Do not try to hold it in but let it pass out naturally.

You may also find that you bleed a little, especially when you go to the toilet. This is quite normal and will not last long.

In the unlikely event of any severe pain or bleeding, this should be reported at once to your GP. Out of hours attend your nearest Emergency Department.

Follow Up:

You may eat and drink normally.

Go home and rest quietly today.

If specimens have been taken the results will be with your GP in approximately 2 to 3 weeks. Please ring the surgery after this time to check that the GP has your results and if necessary, make an appointment to discuss them with your doctor.

Do not telephone the department for the results, they will not be available.

If you have any problems, or require general advice following the procedure please contact your GP.