

Community Endoscopy Service

After your Transnasal Gastroscopy

After your procedure you will need a good few burps to bring up the air.

After an hour you will be able to eat and drink normally or as advised by the endoscopist.

As the procedure involves passing an endoscope through the gullet you may have a sore throat for about 24 – 48 hours. This can usually be relieved with cold drinks or ice to suck.

You should not blow your nose hard for 24 hours; this is to help prevent any bleeding. It is alright to wipe your nose with a tissue or handkerchief.

In the unlikely event of any severe pain or bleeding, this should be reported at once to your GP. Out of hours you should attend your nearest Emergency Department.

If specimens have been taken the results will be with your GP in approximately 2 to 3 weeks. Please ring the surgery after this time to check that the GP has your results and if necessary, make an appointment to discuss them with your doctor.

Do not telephone the department for the results they will not be available.

If you have any problems, or require general advice following the procedure please contact your GP.